

PSHE Curriculum Overview

PSHE meets the statutory requirements for Relationships Education and Health Education, including the updated guidance from September 2026. It is organised under three themes, with every year group studying the same theme at the same time so that learning is coherent across the school and revisited throughout the year.

Year	AUTUMN		SPRING		SUMMER	
Year 1	Relationships	Living in the Wider World	Health and Wellbeing	Relationships	Living in the Wider World	Health and Wellbeing
Year 2	Relationships	Living in the Wider World	Health and Wellbeing	Relationships	Living in the Wider World	Health and Wellbeing
Year 3	Relationships	Living in the Wider World	Health and Wellbeing	Relationships	Living in the Wider World	Health and Wellbeing
Year 4	Relationships	Living in the Wider World	Health and Wellbeing	Relationships	Living in the Wider World	Health and Wellbeing
Year 5	Relationships	Living in the Wider World	Health and Wellbeing	Relationships	Living in the Wider World	Health and Wellbeing
Year 6	Relationships	Living in the Wider World	Health and Wellbeing	Relationships	Living in the Wider World	Health and Wellbeing Transition

Online wellbeing Taught in every year group throughout the year through 2BeSafe – Being Safe in a Digital World.